



Domestic Violence Helplines (000 Emergency)

1800 Respect

Phone: 1800 737 732

Web: www.1800respect.org.au

A confidential national helpline for anyone in Australia who has experienced or been affected by sexual assault, domestic or family violence, and their non-offending supporters. An experienced counsellor is available for a confidential discussion, support, advice and referral. Can be contacted through the National Relay Service and the Translating and Interpreting Service.

angelhands

Web: <https://angelhands.org.au>

angelhands Inc is a non-profit organisation that provides community awareness, recognition and education programs to help promote clarity, understanding and compassion within the wider community of the complex psychological, social and systematic challenges resulting from extreme trauma including that involving violence. We work in conjunction with other support services and particularly to advocate for victims.

BaptistCare Counselling and Family Services - Facing Up Program

Phone: 02 8713 4333

Email: ask@baptistcare.org.au

Web: <https://baptistcare.org.au/facing-up>

BaptistCare Counselling and Family Services' team of clinically trained staff offer individual counselling, couples counselling, relationship support programs and groups, programs for children and training in a range of specialised areas. The counsellors specialise in domestic and family violence.

CCareline

Phone: 131 819

Email: connect@catholiccare.org

Web:

<https://www.catholiccare.org/catholiccare-learn-more/ccareline-131819/>

CCareline is the first point of contact for Sydney families navigating their way through the social services sector. The team provides professional, caring advice to families including: family and parenting support, counselling and relationship services, specialist services for domestic and family violence, help with addictions and mental health concerns, therapies and allied health services, guidance through the My Aged Care system. See also CatholicCare.

Child Protection Helpline

Phone: 132 111

Web:

<https://www.facs.nsw.gov.au/about/contact/helplines>

Child protection and child abuse prevention. The Child Protection Helpline will take reports of child abuse, neglect, sexual abuse, physical abuse, emotional abuse and psychological harm from persons across NSW, 24hrs 7 days, for the cost of a local telephone call.

Cultural Diversity Network Inc.

Email: info@cdni.org.au

Web: www.cdni.org.au

An independent, not-for-profit organisation committed to helping migrants and refugees settle and thrive in Australia through providing support and education services. Provides services and support to develop the skills that will help people find employment, maintain mental well-being and personal safety, and be proud of who they are. This organisation also provides case management support to the victims of domestic and family violence.

Elder Abuse Helpline

Phone: 1800 353 374

1800 ELDERHelp (1800 353 374) is a free call phone number that automatically redirects callers seeking information and advice on elder abuse with the existing phone line service in their jurisdiction. The phone line has been established in collaboration with state and territory governments. Elder abuse phone lines are not crisis support services, and operating hours and services vary across jurisdictions. If you require immediate assistance in an emergency or life threatening situation, contact Triple Zero (000).

esafetyWomen

Web: www.esafety.gov.au/women

The eSafetyWomen resources aim to help women manage technology risks and abuse by giving women the tools they need to be confident when online. Abuse and violence often includes use of technology to abuse, control and stalk. Safe access to technology is crucial for women so they can stay connected to their family and friends, engage with the world, and get information and support.

Indigenous Women's Legal Program

Phone: 02 8745 6977

Email: reception@wlsnsw.org.au

Web: www.wlsnsw.org.au/legal-services/indigenous-womens-legal-program/

Free confidential legal information, advice and referrals for Aboriginal and Torres Strait Islander women in NSW with a focus on domestic violence, sexual assault, parenting issues, family law, discrimination and victim's support.

Lifeline

Phone: 13 11 14 (24 hours)

Web: www.lifeline.org.au

A free 24-hour telephone and web-based crisis support and suicide prevention service. Provides crisis support for issues such as depression, domestic and family violence, family and relationship problems, financial problems, loneliness and isolation, loss and grief, panic attacks, problem gambling, recovering from a natural disaster, rural mental health, self-harm, stress substance abuse and suicide bereavement. National service. Registered charity.

Link2home

Phone: 1800 152 152 (free call)

Email: Link2home@facs.nsw.gov.au

Web: www.housing.nsw.gov.au

State-wide telephone service for homelessness enquiries in NSW. Will provide assistance to people who are homeless or at risk of being homelessness by offering access to specialised support and accommodation services. From 9am to 10pm daily, Link2home provides information, assessments and referrals to homelessness services across NSW. Between the hours of 10pm and 9am, Link2home provides information, assessments and refer to emergency services if required.

Men's Referral Service (MRS)

Phone: 03 9487 4500, 1300 766 491

Email: info@ntv.org.au

Web: www.ntv.org.au

Provides free, anonymous telephone counselling, information and referral for men and their families who have been violent or abusive to family members and who want to change their behaviour.

MensLine Australia

Phone: 1300 789 978

Email: talkitover@mensline.org.au

Web: www.mensline.org.au

MensLine Australia National 24/7 telephone, video and online counselling service, supporting men with mental health issues like anxiety, depression and stress plus fatherhood, family and relationship issues. MensLine forum and MensLine social media accounts are moderated 24/7. MensLine Australia online counselling service operates 24 hours, 7 days a week. You can also request a call-back from our counselling team:
<https://mensline.org.au/want-to-talk/>

NSW Domestic Violence Line

Phone: 1800 656 463, 1800 671 442 (TTY)

Web: www.facs.nsw.gov.au/domestic-violence/helpline

Open 24 hours a day, 7 days a week. Provides counselling and referrals to women experiencing domestic and family violence. Caseworkers on the Domestic Violence Line can help you: get hospital care, counselling and family support services; understand what an Apprehended Violence Order (AVO) is and how to get one; develop a safety plan for you and your children; find emergency accommodation for you and your children; help you with transport for you and your children; and, talk to the police, courts and lawyers.

Rape & Domestic Violence Services Australia

Phone: 02 8585 0333

Email: info@rape-dvservices.org.au

Web: www.rape-dvservices.org.au

Telephone, online and face to face counselling for anyone whose life has been impacted by sexual domestic and/or family violence.

RSPCA Domestic Violence Program

Phone: 02 9782 4408 (Community Programs Helpline)

Web: www.rspcansw.org.au/what-we-do/working-in-communities/community-domestic-violence-program

Provides practical solutions for pet owners leaving situations of domestic violence. We safely house and care for their pets, allowing them time to find safe refuge for themselves, with the aim of reuniting them with their beloved pet as soon as possible. Services include: temporary foster accommodation and/or emergency pet boarding and financial assistance for veterinary treatment, impound fees and transport fees. The helpline operates Monday to Friday. During weekends and public holidays contact the RSPCA Contact Centre on (02) 9770 7555.

Safe Connections

Web: <https://phones.wesnet.org.au/>

Program providing victims with a safe device that prevents ongoing abuse from their ex-partner and keeps them connected to family, friends and support services. Victim-survivors receive a new smartphone, \$30 pre-paid SIM cards, 90-day ID exemption and technology safety information, free-of-charge, integrated with other supports provided by participating frontline services.

Staying Home Leaving Violence - Parramatta and Cumberland

Phone: 02 9636 8437

The aim of the Staying Home Leaving Violence program is to prevent you and your children becoming homeless or having to move away from your support system of family and friends, and the school and community where you live. The program works in cooperation with NSW Police to remove the perpetrator (the violent partner) from the family home so that you and your children can stay safely where you are. It provides a range of support, such as safety planning, improving home security, help in managing finances, support for children, and helping you with the complicated legal process. Operates in various location in Australia.

Staying Home Leaving Violence Program

Phone: 1800 656 463

The aim of the Staying Home Leaving Violence program is to prevent you and your children becoming homeless or having to move away from your support system of family and friends, and the school and community where you live. The program works in cooperation with NSW Police to remove the perpetrator (the violent partner) from the family home so that you and your children can stay safely where you are. It provides a range of support, such as safety planning, improving home security, help in managing finances, support for children, and helping you with the complicated legal process. Operates in various location in Australia.