



Dementia Services in Hornsby and surrounding areas

Hornsby Council Services.....	2
Phone Assistance.....	3
Accommodation.....	5
Alternative and Allied Health.....	8
Carer Services.....	10
Equipment.....	11
Home Care Services (includes “My Aged Care” website).....	13
Hospitals.....	15
Information and Legal Services.....	16
Monitoring and Safety Services.....	17
Palliative Care.....	18
Respite Services.....	20
Transport.....	22
Index of Services.....	23
Index of Suburbs.....	24
Index of Categories.....	25

Hornsby Council Services

Community Connections

Phone: 02 9847 6614

Address: Hornsby Library, 28-44 George St (Entrance Hunter Lane), Hornsby 2077

Web: www.hornsby.nsw.gov.au

A referral and information service with a diverse range of scheduled topics and service providers. Meet with a service provider or professional to discuss your information need, get peace of mind or find out what to do next through the Community Connections service. New topics are advertised on the library website. NOT CURRENTLY OPERATING IN PERSON DUE TO COVID 19 BUT STILL CONTACTABLE FOR PHONE INFORMATION.

Hornsby Shire Council

Phone: 02 9847 6666

Address: 296 Peats Ferry Rd, Hornsby 2077

Email: hsc@hornsby.nsw.gov.au

Web: www.hornsby.nsw.gov.au

Information about Hornsby Council can be obtained from the Council's website. Hornsby Shire is situated on the lands traditionally owned by the Darug and Guringai people. Hornsby Shire was incorporated in March 1906 with first elections held in November of 1906. Currently, the elected Council for Hornsby Shire is made up of 10 local Residents: a popularly elected Mayor and nine elected Councillors.

Hornsby Shire Council Community Services Branch

Phone: 02 9847 6050

Address: 28-44 George St, Hornsby 2077

Email: commserv@hornsby.nsw.gov.au

Web: www.hornsby.nsw.gov.au

Local government authority providing community services to the residents of Hornsby Shire.

Hornsby Shire Library & Information Service-Home Library Service

Phone: 02 9847 6806

Email: homelibrary@hornsby.nsw.gov.au

Web: www.hornsby.nsw.gov.au

The Home Library Service is a free service for people living in the Hornsby Shire, who are frail aged, carers, or for people who may have an acute or chronic illness which makes accessing the library difficult. All services provided by the Library are available through the Home Library Service, this includes Large Print Books, Magazines, Audio Books, DVDs, CDs and Diversional Therapy Resources.

Phone Assistance

Dementia Behaviour Management Advisory Service (DBMAS)

Phone: 1800 699 799

Email: dsa@dementia.com.au

Web: www.dementia.com.au

A national free service funded by the Australian Government and operated and administered by Dementia Support Australia. DBMAS supports staff and carers in community, residential, acute and primary care settings with information, advice, assessment and short-term case management interventions. Services include: assessment of the person with dementia and their carer/ support network; clinical support, information and advice; care planning, case conferences, referrals and short-term case management; mentoring for care providers and clinical supervision; and capacity and knowledge building for care providers.

Dementia Enabling Environment Virtual Centre

Phone: 1300 667 788

Web: www.enablingenvironments.com.au

The Dementia Enabling Environment Virtual Information Centre provides practical tips, guides and resources to help make the places where we live more dementia enabling. An enabling environment will encourage a person with dementia to lead as full and independent a life as possible. There are many simple modifications that anybody can make to their home or to landscaping, as well as architectural design changes. Use this site to explore different home settings and learn more about key design principles in each area of the house and to download useful information and resources.

Dementia Support Australia

Phone: 1800 699 799

Web: www.dementia.com.au

Dementia Support Australia (DSA) is a national service, supported by funding from the Australian Government under the Dementia and Aged Care Services Fund, which administers Dementia Behaviour Management Advisory Service (DBMAS) and Severe Behaviour Response Teams (SBRT). DSA aims to: improve the quality of life and care for people with dementia and their carers; up-skill, assist and support aged care providers in improving care for people with dementia and related behaviours; and ensure care services for people with dementia are responsive to their individual and diverse needs and circumstances.

Dementia Support Helpline

Phone: 1800 699 799

Web: www.dementia.com.au

24- hour dementia support helpline.

National Dementia Helpline

Phone: 1800 100 500

Email: helpline@dementia.org.au

Web: dementia.org.au/helpline/webchat

A free telephone service operating Mon-Fri 8am-8pm. Provides information and advice to: people living with dementia; people concerned about changes to memory and thinking; people living with Mild Cognitive Impairment (MCI); family, friends and carers of people living with dementia; people who work in health and aged care.

**Severe Behaviour Response Teams
(SBRT)**

Phone: 1800 699 799

Web: www.dementia.com.au

A national free service funded by the Australian Government and operated and administered by Dementia Support Australia. The SBRT are a mobile workforce available to provide timely expertise and advice to Commonwealth funded approved Residential Aged Care Facilities, Multi-Purpose Services, or Flexibly Funded Services requiring assistance. They include nurse practitioners, nurses, allied health and specialist staff and address the needs of people with severe and very severe Behavioural and Psychological Symptoms of Dementia (BPSD).

Accommodation

Beecroft Nursing Home

Phone: 02 9876 3471

Address: 134 Beecroft Rd, Beecroft 2119

Email: enquiries@beecroftnh.com.au

Web: www.beecroftnursinghome.com

To provide aged care facilities. Caters for men and women. Capacity - 74 standard fee beds and 21 extra service fee beds

Bowden Brae Gardens

Phone: 02 9483 9000

Address: 1-7 Frith Ave, Normanhurst 2076

Email: bbgardens@uniting.org

Web: uniting.org/services/services/uniting-aged-care-home/uniting-bowden-brae-gardens

Residential aged care accommodation.

Membership Numbers: 500 (including Board, Staff & Volunteers)

CatholicCare Diocese of Broken Bay

Phone: 02 9481 2600

Address: Caroline Chisholm Centre, Lvl 7, Bldg 2, 423 Pennant Hills Rd, Pennant Hills 2120

Email: info@catholiccareddb.org.au

Web: www.catholiccareddb.org.au

We are the social care agency of the Catholic Church in the Diocese of Broken Bay. We provide services to 25,000+ children, young people, individuals and families on the NSW Central Coast, Northern Sydney and Northern Beaches, and have been doing so since 1987. We offer Children's Services (long day care, preschools, family day care, before and after school care, vacation care), Disability & NDIS Support Services, Foster Care Services, Family Centre Services including family and youth supports, mediation, counselling, parenting and relationship education, domestic and family violence support, men and family relationships programs, supported playgroups and more.

Christophorus House Retirement Village

Phone: 02 9476 3161

Address: 396 Peats Ferry Rd, Hornsby 2077

Email: chrhv@christophorushouse.com.au

Web: www.christophorushouse.com.au

23 self-care units of one and two bedrooms; 24 hostel rooms, including respite care. Close to shops and other amenities. Village bus.

Elouera Gardens, Cherrybrook Christian Care Centre

Phone: 1300 130 252

Address: Elouera Gardens, 3 Kitchener Rd, Cherrybrook 2126

Web: www.cbcs.com.au

Caters for men and women. Contains 72 self-care units (Elouera Gardens), and a 120-bed residential aged care facility (Cherrybrook Christian Care Centre).

Hornsby Meals on Wheels

Phone: 02 9482 2088, 1300 361 287

Address: 25, 12 Cecil Rd, Hornsby 2077

Email: hornsby@kmow.org.au

Web: www.kmow.org.au

To deliver a nutritionally balanced meal to the frail aged, disabled persons and their carers so that they may continue to live independently in the community. Delivery of chilled meals by volunteers to clients in their own homes, 5 days a week. Frozen meals are available for weekends and public holidays. Bulk frozen meal deliveries are available as an alternative to daily deliveries. Centre-based lunches are provided throughout the local government area for socially isolated clients. There are more than 300 clients and 300 volunteers, with greater than 60,000 meals being delivered each year.

Hornsby Shire Council Community Services Branch

Phone: 02 9847 6050

Address: 28-44 George St, Hornsby 2077

Email: commserv@hornsby.nsw.gov.au

Web: www.hornsby.nsw.gov.au

Local government authority providing community services to the residents of Hornsby Shire.

Just Better Care Hills to Hornsby

Phone: 02 9484 8788

Email: mailhd@justbettercare.com

Web: www.justbettercare.com.au

Just Better Care Hills to Hornsby offers a full range of solutions for all care requirements. Services include nursing, respite, personal, palliative, dementia, disability care and domestic assistance. Services can be provided from an occasional hour to 24 hours a day, 7 days per week. NDIS registered provider.

KNC - Galston

Phone: 02 9485 7599

Address: Galston Community Health Centre, 17 Arcadia Rd, The Glade, Galston 2159

Email: admingalston@knc.org.au

Web: www.knc.org.au

Individual transport and shopping assistance from clients' homes to appointment and return. Social group activities and social outings. For those aged 65 years and over. WE ARE STILL CONTACTABLE DURING COVID 19. (DCaf Monday 10am-12pm call us for Zoom link during Covid)

KNC Pennant Hills

Phone: 02 9988 4966

Address: 4 Ramsay Rd, Pennant Hills 2120

Email: info@knc.org.au

Web: www.knc.org.au

Our volunteers can provide assistance with transport and shopping, on an individual basis in order to help older members of the community, and their Carers, to remain living in their own homes. DURING COVID PLEASE CONNECT ONLINE VIA THE WEBSITE DETAILS.

McQuoin Park Residential Aged Care

Phone: 02 8998 9100

Address: McQuoin Park, 32 McAuley Pl, Waitara 2077

Email: mcquoinpark_admin@chcs.com.au

Web: www.catholicehealthcare.com.au

Providing residential aged care services. 122 single beds with en-suite, Wellness Day Centre

Opal Netherby Aged Care Facility

Phone: 02 9489 0271

Address: 17 Pacific Highway, Wahroonga 2076

Email:

Karen.Gallacher@opalagedcare.com.au
Aged Care Facility with a range of accommodation options and living spaces. Strong links to the community help demonstrate that everything here is designed to help make life as enjoyable and comfortable as possible.

Pennant Hills Age Care Facility

Phone: 02 9875 4811

Address: 2a The Crescent, Pennant Hills 2120

Email: pennanthillsac2@yahoo.com.au
Age Care Facility for elderly residents including those with dementia and couples. Also provides ethnic specific services to people from a Chinese speaking background.

Regis Hornsby

Phone: 02 9476 3499

Address: 245-247 Peats Ferry Rd, Hornsby 2077

Email: hornsbyreception@regis.com.au

Web: www.regis.com.au

Provision of high-quality accommodation to aged persons. 70 bed extra service facility single rooms with own en-suite. High and low care.

Rowland Village Galston

Phone: 02 9653 4920

Address: 301-305 Galston Rd, Galston 2159

Email:

murray.mcdermott@rsllifecare.org.au

Web: rsllifecare.org.au/locations/galston-rowland-village/

A retirement village that exemplifies everything you expect from independent living. A community where neighbours can become friends. Where stories are shared over coffee. Where excursions are a highlight of conversation. Where you can express yourself through craft workshops or volunteer activities. Where mornings are spent at the vegie garden, shopping, learning or socialising – your choice! And evenings are filled with barbeques, friendship groups and good company. Nursing Home - Mark Donaldson VC House is situated in the heart of Rowland Village. This 75 bed home will provide full-service care - frail-aged, palliation, dementia, special needs and enables the provision of full care services to residents of Rowland Village, LifeCare @ Home Services already available.

Tallwoods Corner Aged Care Service

Phone: 02 9847 3888

Address: 1 Myra St, Wahroonga 2076

Email: info@tallwoodscorner.com.au

Web: www.tallwoodscorner.com.au

Luxury high care extra services accommodation that features private rooms each with an en-suite and 24-hour quality care, 7 days a week. For permanent residence. Tallwoods Corner is also a lovely environment for respite and palliative care.

Uniting Bowden Brae

Phone: 0428 944 116

Address: 9 Frith Ave, Normanhurst 2076

Email: jenthompson@uniting.org

Web: uniting.org/services/services/uniting-independent-living/uniting-bowden-brae-normanhurst

Independent Living Retirement Village for retirees over 55 looking for a vibrant life style.

UPA Sydney North Region

Phone: 02 9450 8300

Address: 1614 Pacific Hwy, Wahroonga 2076

Email: sydney.north@upa.org.au

Web: www.upa.org.au

UPA offers a wide range of accommodation options throughout it's Districts and Regions including residential care, retirement villages, nursing homes, home care services, serviced units. SYDNEY NORTH REGION - Thomas & Rosetta Agst Aged Care Service incorporating Nursing Home, Hostel and Dementia Hostel on Level 3 1614 Pacific Highway, Wahroonga. ph: 9450 8320. Redleaf Serviced Apartments, 1630 Pacific Highway, Wahroonga, ph: 9450 8310. Rosetta Park Independent Living Units 1634 Pacific Highway, Wahroonga ph: 9450 8310 offers 36 one, two, and three-bedroom units with secure car parking, storage and 24 hour call assistance. St Ermes Court Self Care Units 5-7 Isis Street, Wahroonga, ph: 9450 8300

Woodlands Retirement Village

Phone: 02 9481 8842

Address: 2 Kitchener Rd, Cherrybrook 2126

Email: sarahv@woodlandsvillage.com.au

Web: www.woodlandsvillage.com.au

Self-care retirement village with villas, 1 bedroom and 2-bedroom units. Serviced apartments with kitchenette.

Alternative and Allied Health

Catholic Care - Memory Innovations Centre

Phone: 02 9481 2659

Address: 1a Clarke Rd, Waitara 2077

Email: seniors@catholiccareddb.org.au

Web:

<https://www.catholiccareddb.org.au/mic/>

The Memory Innovations Centre improves quality of life, wellbeing and helps support cognitive decline for older Australians. The professionally run programs focus on having fun, connecting with others and stimulating your brain. Programs are delivered online and in-centre, allowing participants to choose the option you are most comfortable with. The programs are simple, enabling people to use the strategies at home.

CatholicCare Diocese of Broken Bay

Phone: 02 9481 2600

Address: Caroline Chisholm Centre, Lvl 7, Bldg 2, 423 Pennant Hills Rd, Pennant Hills 2120

Email: info@catholiccareddb.org.au

Web: www.catholiccareddb.org.au

We are the social care agency of the Catholic Church in the Diocese of Broken Bay. We provide services to 25,000+ children, young people, individuals and families on the NSW Central Coast, Northern Sydney and Northern Beaches, and have been doing so since 1987. We offer Children's Services (long day care, preschools, family day care, before and after school care, vacation care), Disability & NDIS Support Services, Foster Care Services, Family Centre Services including family and youth supports, mediation, counselling, parenting and relationship education, domestic and family violence support, men and family relationships programs, supported playgroups and more.

Hornsby Shire Library & Information Service-Home Library Service

Phone: 02 9847 6806

Email: homelibrary@hornsby.nsw.gov.au

Web: www.hornsby.nsw.gov.au

The Home Library Service is a free service for people living in the Hornsby Shire, who are frail aged, carers, or for people who may have an acute or chronic illness which makes accessing the library difficult. All services provided by the Library are available through the Home Library Service, this includes Large Print Books, Magazines, Audio Books, DVDs, CDs and Diversional Therapy Resources.

Mental Health First Aid Workshops (online and Face to Face)

Phone: 0417 688 236

Email: robyn@wisdomiswithin.com.au

Web: www.wisdomiswithin.com.au

Mental Health First Aid Training for all adults within the Workplace or Community Setting. For courses please go to <https://mhfa.com.au/instructor/233614> Robyn also provides Art Therapy Workshops for community groups within aged care facilities or mental health environments. Art Therapy is especially therapeutic for those suffering diseases such as depression and dementia. Includes: painting, drawing, music, etc. Art Therapy one on one sessions are also available upon request.

Waitara Wellness Centre

Phone: 1800 225 474, 02 8445 2890

Address: Wairoonga Wellness Centre, 35 Pacific Highway, Wairoonga 2076

Email: mgoulden@chcs.com.au

Web:

<https://www.catholichealthcare.com.au/en/in-homecommunity/day-centres/>

Commonwealth funded program available to people over the age of 65. We provide an engaging activities program, three nutritious meals and the opportunity to socialise and connect with others.

Activities include exercises, discussion, word games/trivia, table games, theme days and bus outings. We can provide bus transport where available.

Carer Services

Berowra NSLHD Carers Support Group

Phone: 02 9456 3344

Address: Berowra Community Health Centre, 123 Berowra Waters Rd, Berowra Heights 2082

Web:

<https://www.nslhd.health.nsw.gov.au/services/carers>

This is support group for carers. It provides support, information, speakers and afternoon tea. Convened by Mary Beijerinck-Gooley, Carer Support Officer, Carer Support Service, Northern Sydney Local Health District.

Dementia Shop Australia

Web: <https://dementiashop.com.au/>

Welcome to the on-line Dementia Shop. Our aim is to offer a range of tried and true products that enhance quality of life for persons living with dementia whilst promoting quality dementia care for care partners and professionals.

Equipment

Dementia Shop Australia

Web: <https://dementiashop.com.au/>

Welcome to the on-line Dementia Shop. Our aim is to offer a range of tried and true products that enhance quality of life for persons living with dementia whilst promoting quality dementia care for care partners and professionals.

Denton Cook Pty Ltd

Phone: 0418 293 094

Email: dentoncook@bigpond.com

Web:

<https://www.amazon.com/s?k=dementia+books->

[+read+a+bit+talk+a+bit&ref=nb_sb_noss](https://www.amazon.com/s?k=dementia+books-+read+a+bit+talk+a+bit&ref=nb_sb_noss)

Read a Bit, Talk-a- Bit, a series of 18 activity books for people who have dementia. Lost Words an aid for people with dementia or stroke has more than 290 pictures and their corresponding words.

The book is spiral bound for ease of constant use. There will also be a few plastic pockets inside for keeping photographs, plus a few pages for personal notes. Books are available through www.amazon.com

MemBo

Phone: 07 3880 4535

Email: info@membonoticeboard.com

Web: membonoticeboard.com

Membo Noticeboard extends independence for people living with dementia and other conditions that make it difficult to keep track of daily activities. It displays daily appointments and important information on tablets and mobile phones, can be instantly updated by multiple people including family and care workers, and does not need to be touched by the end user to view the information. Membo helps families support their loved ones, alleviates carer overwhelm, and provides a central spot for families to share information even when there is conflict. <https://au.linkedin.com/in/annelouis-eunderwood9>

Nana's Weighted Blankets

Phone: 0410 478 810 (Irene)

Email:

info@nanasweightedblankets.com.au

Web: www.nanasweightedblankets.com.au

Nana's Weighted Blankets have a range of weighted products: blankets, vests, toys and sensory tools. The products are weighted with poly pellets, they are non-toxic, hypoallergenic and fully machine washable. The very short version of the theory behind how weighted products work is the deep pressure touch stimulation (DPTS) supplied by the weight in the products, is believed to release a chemical in the brain, which naturally calms. Suitable for children, teens and adults affected by conditions like Autism Spectrum Disorder, ADHD, ADD, PDD-NOS, Sensory Integration or Processing Disorder, Rett's Syndrome, Bi-Polar, Tourette's Syndrome, CP, Alzheimer's, Dementia, Restless Leg Syndrome, Menopause and Insomnia.

Products can be purchased Ready Made or can be Custom Made.

Sensory Calm

Phone: 02 8355 2290

Email: info@sensorycalm.com.au

Web: www.sensorycalm.com.au

Sensory Calm supply weighted blankets, vest, comforters, shoulder wraps and sensory therapy products to assist sleep and behaviour. An NDIS registered provider.

Statina Healthcare Australia Pty Ltd

Phone: 1300 365 404

Address: Unit 3, 30 Leighton Pl, Hornsby 2077

Email: sales@statina.com.au

Web: www.statina.com.au

Statina Health Care Australia offers a large range of personal care equipment for Aged Care, hospital, rehab and post-surgical. Aged Care Equipment such as Assistive Clothing, Bariatric Equipment, Continence Care, Falls Prevention, Fire & Evacuation, Infection Control, Living Aids, Manual Handling, WHS Products, Pressure Care & Skin Protection, Wound Care. Hospital Equipment - Theatre Supplies, Curtains. Rehab - Braces, Bandages, Tapes & Slings, Living Aids, Fire & Evacuation, Pressure Care, Falls Prevention, Infection Control, Physio Aids, Hotteeze. Post-Surgical - Post Surgical, Post Mastectomy, Compression Garments, Abdominal Binders, Wound Care. NDIS Registered Provider

Home Care Services (includes "My Aged Care" website)

Berowra NSLHD Carers Support Group

Phone: 02 9456 3344

Address: Berowra Community Health Centre, 123 Berowra Waters Rd, Berowra Heights 2082

Web:

<https://www.nslhd.health.nsw.gov.au/services/carer>

This is support group for carers. It provides support, information, speakers and afternoon tea. Convened by Mary Beijerinck-Gooley, Carer Support Officer, Carer Support Service, Northern Sydney Local Health District.

CatholicCare Diocese of Broken Bay

Phone: 02 9481 2600

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Email: info@catholiccaredbb.org.au

Web: www.catholiccaredbb.org.au

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Email: hornsby@kmow.org.au

Web: www.kmow.org.au

To deliver a nutritionally balanced meal to the frail aged, disabled persons and their carers so that they may continue to live independently in the community. Delivery of chilled meals by volunteers to clients in their own homes, 5 days a week. Frozen meals are available for weekends and public holidays. Bulk frozen meal deliveries are available as an alternative to daily deliveries. Centre-based lunches are provided throughout the local government area for socially isolated clients. There are more than 300 clients and 300 volunteers, with greater than 60,000 meals being delivered each year.

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Email: mailhd@justbettercare.com

Web: www.justbettercare.com.au

Just Better Care Hills to Hornsby offers a full range of solutions for all care requirements. Services include nursing, respite, personal, palliative, dementia, disability care and domestic assistance. Services can be provided from an occasional hour to 24 hours a day, 7 days per week. NDIS registered provider.

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Address: Galston Community Health Centre, 17 Arcadia Rd, The Glade, Galston 2159

Email: admingalston@knc.org.au

Web: www.knc.org.au

Individual transport and shopping assistance from clients' homes to appointment and return. Social group activities and social outings. For those aged 65 years and over. WE ARE STILL CONTACTABLE DURING COVID 19. (DCaf Monday 10am-12pm call us for Zoom link during Covid)

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Address: 4 Ramsay Rd, Pennant Hills 2120

Email: info@knc.org.au

Web: www.knc.org.au

Our volunteers can provide assistance with transport and shopping, on an individual basis in order to help older members of the community, and their Carers, to remain living in their own homes. DURING COVID PLEASE CONNECT ONLINE VIA THE WEBSITE DETAILS.

My Aged Care

Phone: 1800 200 422

Web: www.myagedcare.gov.au

The My Aged Care website has been established by the Australian Government to help navigate the aged care system. My Aged Care is part of the Australian Government's changes to the aged care system which have been designed to give people more choice, more control and easier access to a full range of aged care services. My Aged Care is made up of a website and a national contact centre. Together they can provide you with information on aged care, whether for yourself, a family member, friend or someone you're caring for.

Statina Healthcare Australia Pty Ltd

Phone: 1300 365 404

Address: Unit 3, 30 Leighton Pl, Hornsby 2077

Email: sales@statina.com.au

Web: www.statina.com.au

Statina Health Care Australia offers a large range of personal care equipment for Aged Care, hospital, rehab and post-surgical. Aged Care Equipment such as Assistive Clothing, Bariatric Equipment, Continence Care, Falls Prevention, Fire & Evacuation, Infection Control, Living Aids, Manual Handling, WHS Products, Pressure Care & Skin Protection, Wound Care. Hospital Equipment - Theatre Supplies, Curtains. Rehab - Braces, Bandages, Tapes & Slings, Living Aids, Fire & Evacuation, Pressure Care, Falls Prevention, Infection Control, Physio Aids, Hotteeze. Post-Surgical - Post Mastectomy, Compression Garments, Abdominal Binders, Wound Care. NDIS Registered Provider

Waitara Wellness Centre

Phone: 1800 225 474, 02 8445 2890

Address: Wairoa Wellness Centre, 35 Pacific Highway, Wairoa 2076

Email: mgoulden@chcs.com.au

Web:

<https://www.catholichealthcare.com.au/en/in-homecommunity/day-centres/>
Commonwealth funded program available to people over the age of 65. We provide an engaging activities program, three nutritious meals and the opportunity to socialise and connect with others. Activities include exercises, discussion, word games/trivia, table games, theme days and bus outings. We are able to provide bus transport where available.

Hospitals

Hornsby Ku-ring-gai Health Service

Phone: 02 9477 9123

Address: 36-76 Palmerston Rd, Hornsby 2077

Web:

<https://www.nslhd.health.nsw.gov.au/Hospitals/Hornsby>

Hornsby Ku-ring-gai Health Service (HKHS), incorporating Hornsby Ku-ring-gai Hospital and six community health centres, has been providing quality health care since 1933, to a community stretching from the Hawkesbury River to Lindfield, east to St Ives and west to Pennant Hills, Cherrybrook and Epping. COVID19 INFORMATION SEE <https://www.health.nsw.gov.au/Pages/default.aspx>

Lady Davidson Private Hospital

Phone: 02 9488 0111

Address: 434 Bobbin Head Rd, North Turramurra 2074

Web:

www.ladydavidsonprivatehospital.com.au/
Lady Davidson is the largest private teaching rehabilitation facility in Australia with 115 patient-beds for both veterans and private patients. There are 3 unique rehabilitation units under the care of Rehabilitation Physicians who specialise in Orthopaedic, Neuro-Spine and Cancer rehabilitation. Every patient is individually assessed and then a tailored program will be developed to meet their rehabilitation needs.

Macquarie University Hospital

Phone: 02 9812 3000

Address: 3 Technology Pl, Macquarie University 2109

Email: reception@muh.org.au

Web: www.muhs.org.au

Macquarie University Hospital is Australia's first private not-for-profit teaching hospital on a university campus. Modelled on leading international university hospitals, our approach to treatment is based on combining the best available knowledge, expertise and technology to ensure our patients receive a comprehensive and integrated service, as well as the utmost compassion, support and care. MUH is part of Macquarie University Health Sciences Centre (MQ Health), Australia's first fully academic health sciences centre under a university's leadership. Bringing together this state-of-the-art hospital and the university's Faculty of Medicine and Health Sciences, MQ Health aims to improve the lives of patients we treat, as well as the broader community we serve by integrating world-class research, clinical care and education.

My Hospitals

Web: www.myhospitals.gov.au/

Learn about your local hospital. Search and compare performance information for more than 1,000 Australian public and private hospitals.

Information and Legal Services

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Information about Hornsby Council can be obtained from the Council's website. Hornsby Shire is situated on the lands traditionally owned by the Darug and Guringai people. Hornsby Shire was incorporated in March 1906 with first elections held in November of 1906. Currently, the elected Council for Hornsby Shire is made up of 10 local Residents: a popularly elected Mayor and nine elected Councillors.

Hornsby Shire Library & Information Service-Home Library Service

Phone: 02 9847 6806

Email: homelibrary@hornsby.nsw.gov.au

Web: www.hornsby.nsw.gov.au

The Home Library Service is a free service for people living in the Hornsby Shire, who are frail aged, carers, or for people who may have an acute or chronic illness which makes accessing the library difficult. All services provided by the Library are available through the Home Library Service, this includes Large Print Books, Magazines, Audio Books, DVDs, CDs and Diversional Therapy Resources.

Monitoring and Safety Services

Catholic Community Services - Dementia Monitoring Program

Phone: 1800 225 474

Email: community.clients@chcs.com.au

Web:

www.catholiccommunityservices.com.au

Assists people who have memory loss or confusion associated with dementia, mental illness or a disability, who live alone or live with someone who, through their own ill health or disability is unable to provide care.

Safely Home Program

Phone: 1800 100 500

Web: www.fightdementia.org.au

Safely Home is a joint project of Alzheimer's Australia NSW and the NSW Police Force. It can help people living with dementia walk with greater confidence by providing rapid and accurate identification if they get lost. See the website for more info on how the program operates. To obtain an information kit, please telephone the Dementia Helpline on 1800 100 500.

UnitingCare Ageing Western Region - Dementia Monitoring Social Support Program

Phone: 0429 179 918

Email: dementia@uniting.org

To provide high quality, responsive and flexible care for clients who have dementia and require some Social Support. Services include, Companionship, Friendly Visiting, Reading, Transport for bill payments or medical appointments.

Palliative Care

Just Better Care Hills to Hornsby

Phone: 02 9484 8788

Email: mailhd@justbettercare.com

Web: www.justbettercare.com.au

Just Better Care Hills to Hornsby offers a full range of solutions for all care requirements. Services include nursing, respite, personal, palliative, dementia, disability care and domestic assistance. Services can be provided from an occasional hour to 24 hours a day, 7 days per week. NDIS registered provider.

Opal Netherby Aged Care Facility

Phone: 02 9489 0271

Address: 17 Pacific Highway, Wahroonga 2076

Email:

Karen.Gallacher@opalagedcare.com.au
Aged Care Facility with a range of accommodation options and living spaces. Strong links to community demonstrate that everything is designed to help make life as enjoyable and comfortable as possible.

Presbyterian Aged Care - Thornleigh (Ashleigh Lodge)

Phone: 02 9875 9900

Address: 3-7 Hillmont Ave, Thornleigh 2120

Email: pacthornleigh@pcnsw.org.au

Web:

www.pacnsw.org.au/locations/thornleigh/
Ashleigh Lodge is a high-care facility which offers outstanding care and warmth which are both evident as soon as one enters our facility. We cater for the physical, social and spiritual needs of our residents by way of our: Physiotherapist and regular exercise programs; Activity programs including concerts, bingo, arts and crafts, trivia and quizzes, our own library collection, day bus outings and dementia specific activities; Weekly church services, our own Chaplain and visiting Chaplains. We have recently undergone renovations to be up-to-date and modernised. This includes an outdoor courtyard ideal for activities - or just relaxing. Also, higher standards of security to provide a safer environment for all. Chinese and Lebanese clusters

Regis Hornsby

Phone: 02 9476 3499

Address: 245-247 Peats Ferry Rd, Hornsby 2077

Email: hornsbyreception@regis.com.au

Web: www.regis.com.au

Provision of high-quality accommodation to aged persons. 70 bed extra service facility single rooms with own en-suite. High and low care.

Tallwoods Corner Aged Care Service

Phone: 02 9847 3888

Address: 1 Myra St, Wahroonga 2076

Email: info@tallwoodscorner.com.au

Web: www.tallwoodscorner.com.au

Luxury high care extra services accommodation that features private rooms each with an en-suite and 24- hour quality care, 7 days a week. For permanent residence. Tallwoods Corner is also a lovely environment for respite and palliative care.

Respite Services

Chantal Dementia Day and Overnight Respite Cottage Service & Weekend Respite Care

Phone: 02 9489 3592

Address: McQuoin Park, 28 McAuley Place, Waitara 2077

Web:

www.catholiccommunityservices.com.au/services/programs/centre-based-care/overnight-cottage-respite-chantal
Dementia-specific Day Program for people within the Hornsby and Ku-ring-gai LGAs - Mon-Fri 10am-3pm. Overnight Cottage Respite is from 3pm Thursday to 3pm Sunday. Flexible day-only respite also available on weekends. Overnight Respite extends to areas beyond LGA and is also not dementia-specific.

Christophorus House Retirement Village

Phone: 02 9476 3161

Address: 396 Peats Ferry Rd, Hornsby 2077

Email: chrvc@christophorushouse.com.au

Web: www.christophorushouse.com.au

23 self-care units of one and two bedrooms; 24 hostel rooms, including respite care. Close to shops and other amenities. Village bus.

Elouera Gardens, Cherrybrook Christian Care Centre

Phone: 1300 130 252

Address: Elouera Gardens, 3 Kitchener Rd, Cherrybrook 2126

Web: www.cbcs.com.au

Caters for men and women. Contains 72 self-care units (Elouera Gardens), and a 120-bed residential aged care facility (Cherrybrook Christian Care Centre).

Just Better Care Hills to Hornsby

Phone: 02 9484 8788

Email: mailhd@justbettercare.com

Web: www.justbettercare.com.au

Just Better Care Hills to Hornsby offers a full range of solutions for all care requirements. Services include nursing, respite, personal, palliative, dementia, disability care and domestic assistance. Services can be provided from an occasional hour to 24 hours a day, 7 days per week. NDIS registered provider.

Lucinda Cottage

Phone: 02 9488 2288

Address: Lucinda Cottage, 33 Lucinda Ave, Wahroonga 2076

Email: aweaver@hammond.com.au

Web: www.hammond.com.au

Respite in a home like environment for people who have dementia or are frail aged which enables Carers to take a short break from their caring role. For bookings contact the My Aged Care Contact Centre on 1800 200 422. No ACAT assessment required. Staff can give assistance with personal care, toileting, meal preparation. All medication including vitamins to be blister packed by Pharmacy.

Tallwoods Corner Aged Care Service

Phone: 02 9847 3888

Address: 1 Myra St, Wahroonga 2076

Email: info@tallwoodscorner.com.au

Web: www.tallwoodscorner.com.au

Luxury high care extra services accommodation that features private rooms each with an en-suite and 24-hour quality care, 7 days a week. For permanent residence. Tallwoods Corner is also a lovely environment for respite and palliative care.

Waitara Wellness Centre

Phone: 1800 225 474, 02 8445 2890

Address: Wahroonga Wellness Centre, 35 Pacific Highway, Wahroonga 2076

Email: mgoulden@chcs.com.au

Web:

<https://www.catholichealthcare.com.au/en/in-homecommunity/day-centres/>

Commonwealth funded program available to people over the age of 65. We provide an engaging activities program, three nutritious meals and the opportunity to socialise and connect with others.

Activities include exercises, discussion, word games/trivia, table games, theme days and bus outings. We can provide bus transport where available.

Transport

Healthy Living for Seniors Brooklyn, Berowra and Galston

Phone: 1800 864 846

Address: Berowra Uniting Church, 4-6 Alan Rd, Berowra Heights 2082

Email: ask@uniting.org

Web: www.uniting.org

Healthy Living for Seniors is an active ageing day centre service. We offer: an opportunity to make new friends with shared interests; programs to improve strength, balance and confidence; education in healthy ageing; pastoral care and support; referrals to other services; transport and meals are included. Monday - Brooklyn Community Centre, Tuesday and Wednesday - Galston Uniting Church, Friday - Berowra Heights Uniting Church

KNC - Galston

Phone: 02 9485 7599

Address: Galston Community Health Centre, 17 Arcadia Rd, The Glade, Galston 2159

Email: admingalston@knc.org.au

Web: www.knc.org.au

Individual transport and shopping assistance from clients' homes to appointment and return. Social group activities and social outings. For those aged 65 years and over. WE ARE STILL CONTACTABLE DURING COVID 19. (DCaf Monday 10am-12pm call us for Zoom link during Covid)

KNC Pennant Hills

Phone: 02 9988 4966

Address: 4 Ramsay Rd, Pennant Hills 2120

Email: info@knc.org.au

Web: www.knc.org.au

Our volunteers can provide help with transport and shopping, on an individual basis so as to help older members of the community, and their Carers, to remain living in their own homes. DURING COVID PLEASE CONNECT ONLINE VIA THE WEBSITE DETAILS.

Service Name Index

B	Beecroft Nursing Home5	L	Lady Davidson Private Hospital 15
	Berowra NSLHD Carers Support Group .10, 13, 16		Lucinda Cottage 20
	Bowden Brae Gardens5	M	Macquarie University Hospital 15
C	Catholic Care - Memory Innovations Centre8		McQuoin Park Residential Aged Care..... 6
	Catholic Community Services - Dementia Monitoring Program17		MemBo 11
	CatholicCare Diocese of Broken Bay.....5, 8, 13		Mental Health First Aid Workshops (online and Face to Face) 8
	Chantal Dementia Day and Overnight Respite Cottage Service & Weekend Respite Care20		My Aged Care..... 14
	Christophorus House Retirement Village...5, 20		My Hospitals 15
	Community Connections2, 16	N	Nana's Weighted Blankets 11
D	Dementia Behaviour Management Advisory Service (DBMAS)3		National Dementia Helpline 3
	Dementia Enabling Environment Virtual Centre3	O	Opal Netherby Aged Care Facility 6, 18
	Dementia Shop Australia 10, 11	P	Pennant Hills Age Care Facility 6
	Dementia Support Australia3		Presbyterian Aged Care - Thornleigh (Ashleigh Lodge)..... 18
	Dementia Support Helpline3	R	Regis Hornsby 6, 18
	Denton Cook Pty Ltd 11		Rowland Village Galston 7
E	Elouera Gardens, Cherrybrook Christian Care Centre.....5, 20	S	Safely Home Program 17
H	Healthy Living for Seniors Brooklyn, Berowra and Galston22		Sensory Calm 11
	Hornsby Ku-ring-gai Health Service.....15		Severe Behaviour Response Teams (SBRT).. 4
	Hornsby Meals on Wheels5, 13		Statina Healthcare Australia Pty Ltd..... 12, 14
	Hornsby Shire Council2, 16	T	Tallwoods Corner Aged Care Service . 7, 19, 20
	Hornsby Shire Council Community Services Branch2, 6	U	Uniting Bowden Brae 7
	Hornsby Shire Library & Information Service-Home Library Service.....2, 8, 16		UnitingCare Ageing Western Region - Dementia Monitoring Social Support Program 17
J	Just Better Care Hills to Hornsby...6, 13, 18, 20		UPA Sydney North Region 7
K	KNC - Galston6, 14, 22	W	Waitara Wellness Centre 9, 14, 21
	KNC Pennant Hills.....6, 14, 22		Woodlands Retirement Village 7

Suburb Name Index

Balgowlah Heights

Sensory Calm 11

Beecroft

Beecroft Nursing Home 5

Berowra Heights

Berowra NSLHD Carers
Support Group.... 10, 13, 16
Mental Health First Aid
Workshops (online and
Face to Face) 8

Berowra Hts

Healthy Living for Seniors
Brooklyn, Berowra and
Galston 22

Canberra

My Aged Care 14

Castle Hill

Denton Cook Pty Ltd 11

Cherrybrook

Elouera Gardens,
Cherrybrook Christian Care
Centre..... 5, 20
Woodlands Retirement
Village..... 7

Galston

KNC - Galston 6, 14, 22
Rowland Village Galston .. 7

Hornsby

Christophorus House

Retirement Village 5, 20
Community Connections..2,
16

Hornsby Ku-ring-gai Health
Service 15
Hornsby Meals on Wheels
..... 5, 13
Hornsby Shire Council 2, 16
Hornsby Shire Council
Community Services
Branch..... 2, 6
Hornsby Shire Library &
Information Service-Home
Library Service 2, 8, 16
Regis Hornsby 6, 18
Statina Healthcare Australia
Pty Ltd..... 12, 14

Macquarie University

Macquarie University
Hospital 15

Meadowbank

Catholic Community
Services - Dementia
Monitoring Program 17

Normanhurst

Bowden Brae Gardens 5
Uniting Bowden Brae 7

North Turramurra

Lady Davidson Private
Hospital 15

Pennant Hills

CatholicCare Diocese of

Broken Bay 5, 8, 13
Dementia Shop Australia
..... 10, 11
Just Better Care Hills to
Hornsby 6, 13, 18, 20
KNC Pennant Hills 6, 14, 22
Pennant Hills Age Care
Facility 6

Rutherford

Nana's Weighted Blankets
..... 11

Thornleigh

Presbyterian Aged Care -
Thornleigh (Ashleigh
Lodge) 18

Wahroonga

Lucinda Cottage 20
Opal Netherby Aged Care
Facility 6, 18
Tallwoods Corner Aged
Care Service..... 7, 19, 20
UPA Sydney North Region7
Waitara Wellness Centre 9,
14, 21

Waitara

Catholic Care - Memory
Innovations Centre 8
Chantal Dementia Day and
Overnight Respite Cottage
Service & Weekend
Respite Care 20
McQuoin Park Residential
Aged Care 6

Category Index

Aboriginal Health

Hornsby Shire Council
ComServices Branch2, 6

Accessible Books

Hornsby Shire Library &
Information Service-Home
Library Service2, 8, 16

Accessible Games

Dementia Shop Australia 10, 11

Adoption

CatholicCare Diocese of
Broken Bay5, 8, 13

Aged and Disability Information Services

Hornsby Shire Council2, 16
Hornsby Shire Library &
Information Service-Home
Library Service2, 8, 16

Aged Care Centres

Beecroft Nursing Home5
Christophorus House
Retirement Village5, 20
Elouera Gardens, Cherrybrook
Christian Care Centre5, 20
McQuoin Park Residential
Aged Care6
My Aged Care14
Opal Netherby Aged Care
Facility6, 18
Presbyterian Aged Care -
Thornleigh (Ashleigh Lodge) 18
Regis Hornsby6, 18
Rowland Village Galston7
Tallwoods Corner Aged Care
Service7, 19, 20
Woodlands Retirement Village
.....7

Alcohol Addiction

CatholicCare Diocese of
Broken Bay5, 8, 13

Alzheimers Disease

Denton Cook Pty Ltd11
Nana's Weighted Blankets ...11
Opal Netherby Aged Care
Facility6, 18
Pennant Hills Age Care Facility
.....6

Anxiety

Sensory Calm11

Assessment and Referral Services

Community Connections ..2, 16
Dementia Behaviour
Management Advisory Service
(DBMAS)3
Dementia Support Australia ...3
Dementia Support Helpline3

ATSI

Community Connections ..2, 16
Dementia Shop Australia 10, 11
Hornsby Ku-ring-gai Health
Service15
Hornsby Meals on Wheels5,
13
Hornsby Shire Council2, 16
Hornsby Shire Council
Community Services Branch .2,
6
Hornsby Shire Library &
Information Service-Home
Library Service 2, 8, 16
Lucinda Cottage20
Mental Health First Aid
Workshops (online and Face to
Face)8
Waitara Wellness Centre .9, 14,
21

Attention Deficit Hyperactivity Disorder

Nana's Weighted Blankets ...11
Sensory Calm11

Autism

Nana's Weighted Blankets ...11
Sensory Calm11

Behaviour Therapy

Mental Health First Aid
Workshops (online and Face to
Face)8

CALD

Beecroft Nursing Home5
Community Connections ..2, 16
Dementia Shop Australia 10, 11
Hornsby Ku-ring-gai Health
Service15
Hornsby Meals on Wheels5,
13
Hornsby Shire Council2, 16
Hornsby Shire Council Comm
Services Branch2, 6
Hornsby Shire Library &
Information Service-Home
Library Service 2, 8, 16

KNC - Galston 6, 14, 22
Lucinda Cottage 20
Mental Health First Aid
Workshops (online and Face to
Face) 8
Waitara Wellness Centre 9, 14,
21

Carers

Berowra NSLHD Carers
Support Group 10, 13, 16
Catholic Community Services -
Dementia Monitoring Program
..... 17
Christophorus House
Retirement Village 5, 20
Dementia Behaviour
Management Advisory Service
(DBMAS) 3
Dementia Shop Australia 10, 11
Dementia Support Australia... 3
Dementia Support Helpline... 3
Elouera Gardens, Cherrybrook
Christian Care Centre 5, 20
Healthy Living for Seniors
Brooklyn, Berowra and Galston
..... 22
Hornsby Meals on Wheels.... 5,
13
Just Better Care Hills to
Hornsby 6, 13, 18, 20
KNC Pennant Hills 6, 14, 22
Lucinda Cottage 20
My Aged Care 14
National Dementia Helpline ... 3
Severe Behaviour Response
Teams (SBRT) 4
Tallwoods Corner Aged Care
Service 7, 19, 20
Waitara Wellness Centre 9, 14,
21

Case Management and Care Coordination

Catholic Community Services -
Dementia Monitoring Program
..... 17
Dementia Behaviour
Management Advisory Service
(DBMAS) 3
Dementia Support Australia... 3

Children and Families

CatholicCare Diocese of
Broken Bay 5, 8, 13
Hornsby Shire Council Comm.
Services Branch 2, 6
Nana's Weighted Blankets .. 11

<p>Chinese Pennant Hills Age Care Facility6</p> <p>Christian Brethren Elouera Gardens, Cherrybrook Christian Care Centre5, 20</p> <p>Clothing and Dressing Aids Statina Healthcare Australia Pty Ltd12, 14</p> <p>Communication Aids Dementia Shop Australia 10, 11</p> <p>Community Aid KNC Pennant Hills.....6, 14, 22</p> <p>Community Health Centres Healthy Living for Seniors Brooklyn, Berowra and Galston22 Hornsby Ku-ring-gai Health Service15 KNC - Galston6, 14, 22</p> <p>Community Information Services Community Connections ..2, 16 Hornsby Shire Council2, 16</p> <p>Community Options CatholicCare Diocese of Broken Bay5, 8, 13</p> <p>Community Service Groups CatholicCare Diocese of Broken Bay5, 8, 13 Healthy Living for Seniors Brooklyn, Berowra and Galston22 Hornsby Shire Council Community Services Branch..2, 6 Mental Health First Aid Workshops (online and Face to Face)8</p> <p>Community Transport Healthy Living for Seniors Brooklyn, Berowra and Galston22 KNC - Galston6, 14, 22 Waitara Wellness Centre 9, 14, 21</p> <p>Community Visiting Pennant Hills Age Care Facility6 UnitingCare Ageing Western</p>	<p>Region - Dementia Monitoring Social Support Program17</p> <p>Continenence Products Statina Healthcare Australia Pty Ltd 12, 14</p> <p>Cooking Catholic Care - Memory Innovations Centre8</p> <p>Council Aged and Disability Services Hornsby Shire Council.....2, 16</p> <p>Council Building and Planning Services Hornsby Shire Council.....2, 16</p> <p>Council Childrens Services Hornsby Shire Council.....2, 16</p> <p>Council Customer Service Centre Hornsby Shire Council.....2, 16</p> <p>Council Environmental Services Hornsby Shire Council.....2, 16</p> <p>Council Recreation Services Hornsby Shire Council.....2, 16</p> <p>Council Waste Management Hornsby Shire Council.....2, 16</p> <p>Council Youth Services Hornsby Shire Council.....2, 16</p> <p>Councillors Hornsby Shire Council.....2, 16</p> <p>COVID19 Community Connections ..2, 16 Hornsby Ku-ring-gai Health Service.....15 KNC - Galston 6, 14, 22 KNC Pennant Hills..... 6, 14, 22</p> <p>Crisis Counselling Severe Behaviour Response Teams (SBRT)4</p> <p>Dance Lessons Catholic Care - Memory Innovations Centre8</p> <p>Delivered Meals Hornsby Meals on Wheels...5, 13 My Aged Care14</p>	<p>Dementia Beecroft Nursing Home 5 Berowra NSLHD Carers Support Group 10, 13, 16 Bowden Brae Gardens 5 Catholic Care - Memory Innovations Centre 8 Catholic Community Services - Dementia Monitoring Program 17 CatholicCare Diocese of Broken Bay 5, 8, 13 Chantal Dementia Day and Overnight Respite Cottage Service & Weekend Respite Care 20 Christophorus House Retirement Village 5, 20 Community Connections . 2, 16 Dementia Behaviour Management Advisory Service (DBMAS)..... 3 Dementia Enabling Environment Virtual Centre ... 3 Dementia Shop Australia 10, 11 Dementia Support Australia... 3 Dementia Support Helpline... 3 Denton Cook Pty Ltd 11 Elouera Gardens, Cherrybrook Christian Care Centre..... 5, 20 Healthy Living for Seniors Brooklyn, Berowra and Galston 22 Hornsby Ku-ring-gai Health Service 15 Hornsby Meals on Wheels... 5, 13 Hornsby Shire Council..... 2, 16 Hornsby Shire Council Community Services Branch 2, 6 Hornsby Shire Library & Information Service-Home Library Service..... 2, 8, 16 Just Better Care Hills to Hornsby 6, 13, 18, 20 KNC - Galston 6, 14, 22 KNC Pennant Hills..... 6, 14, 22 Lucinda Cottage 20 McQuoin Park Residential Aged Care..... 6 MemBo 11 Mental Health First Aid Workshops (online and Face to Face)..... 8 Nana's Weighted Blankets .. 11 National Dementia Helpline... 3 Opal Netherby Aged Care Facility..... 6, 18 Pennant Hills Age Care Facility 6</p>
---	---	--

Presbyterian Aged Care - Thornleigh (Ashleigh Lodge) 18	Waitara Wellness Centre.9, 14, 21	Home Nursing Services Just Better Care Hills to Hornsby 6, 13, 18, 20
Regis Hornsby.....6, 18	Family Day Care CatholicCare Diocese of Broken Bay 5, 8, 13	Home Safety Dementia Enabling Environment Virtual Centre ... 3
Rowland Village Galston7	Family Support CatholicCare Diocese of Broken Bay 5, 8, 13	Homelessness CatholicCare Diocese of Broken Bay 5, 8, 13 Hornsby Meals on Wheels.... 5, 13 Hornsby Shire Council Community Services Branch 2, 6 KNC - Galston 6, 14, 22 KNC Pennant Hills..... 6, 14, 22
Safely Home Program17	Financial Information Services My Aged Care14	Hospital Volunteers Hornsby Ku-ring-gai Health Service..... 15
Sensory Calm.....11	First Aid Mental Health First Aid Workshops (online and Face to Face)8	Hostels and Group Homes Bowden Brae Gardens 5 Christophorus House Retirement Village 5, 20 Elouera Gardens, Cherrybrook Christian Care Centre..... 5, 20 McQuoin Park Residential Aged Care..... 6 UPA Sydney North Region 7
Severe Behaviour Response Teams (SBRT)4	Foster Care CatholicCare Diocese of Broken Bay 5, 8, 13	Hydrotherapy Lady Davidson Private Hospital..... 15
Statina Healthcare Australia Pty Ltd12, 14	Furniture Beds and Bed Equipment Statina Healthcare Australia Pty Ltd 12, 14	Independent Living Units UPA Sydney North Region 7 Woodlands Retirement Village 7
Tallwoods Corner Aged Care Service7, 19, 20	Gentle exercise Catholic Care - Memory Innovations Centre8	Insomnia Nana's Weighted Blankets .. 11 Sensory Calm 11
Uniting Bowden Brae7	Halls and Meeting Rooms Hornsby Shire Council Community Services Branch .2, 6	Intellectual Disability Safely Home Program 17
UnitingCare Ageing Western Region - Dementia Monitoring Social Support Program17	Health Education Community Connections ..2, 16	Job Seeking Skills CatholicCare Diocese of Broken Bay 5, 8, 13
UPA Sydney North Region.....7	Health Information Services Berowra NSLHD Carers Support Group 10, 13, 16 Dementia Behaviour Management Advisory Service (DBMAS)3 Dementia Support Australia ...3 Dementia Support Helpline3 Severe Behaviour Response Teams (SBRT)4	Library Volunteers Hornsby Shire Library & Information Service-Home Library Service..... 2, 8, 16
Waitara Wellness Centre 9, 14, 21	Home Library Services Hornsby Shire Council.....2, 16 Hornsby Shire Library & Information Service-Home Library Service 2, 8, 16	Long Day Care CatholicCare Diocese of Broken Bay 5, 8, 13
Woodlands Retirement Village7	Home Maintenance My Aged Care14	
Depression Mental Health First Aid Workshops (online and Face to Face)8 Sensory Calm.....11	Home Modification My Aged Care14	
Diversional Therapy Hornsby Shire Library & Information Service-Home Library Service2, 8, 16		
Domestic Assistance Catholic Community Services - Dementia Monitoring Program17 Just Better Care Hills to Hornsby6, 13, 18, 20 My Aged Care14		
Domestic Violence CatholicCare Diocese of Broken Bay5, 8, 13		
Drug Addiction CatholicCare Diocese of Broken Bay5, 8, 13		
Early Intervention CatholicCare Diocese of Broken Bay5, 8, 13		
Education Aids Denton Cook Pty Ltd11		
Ethnic Welfare Services CatholicCare Diocese of Broken Bay5, 8, 13		
Family Counselling CatholicCare Diocese of Broken Bay5, 8, 13		

Low Cost

Accommodation

CatholicCare Diocese of Broken Bay5, 8, 13

Low Cost Food Services

Healthy Living for Seniors Brooklyn, Berowra and Galston22

Low Income Earners

Bowden Brae Gardens5
 CatholicCare Diocese of Broken Bay5, 8, 13
 Christophorus House Retirement Village5, 20
 Elouera Gardens, Cherrybrook Christian Care Centre5, 20
 McQuoin Park Residential Aged Care6

Meals on Wheels

Volunteers

Hornsby Meals on Wheels5, 13

Mediation

CatholicCare Diocese of Broken Bay5, 8, 13

Medical Aids

Statina Healthcare Australia Pty Ltd12, 14

Men

Beecroft Nursing Home5
 Berowra NSLHD Carers Support Group10, 13, 16
 Dementia Shop Australia 10, 11
 Elouera Gardens, Cherrybrook Christian Care Centre5, 20
 Healthy Living for Seniors Brooklyn, Berowra and Galston22
 Hornsby Ku-ring-gai Health Service15
 Hornsby Shire Council Community Services Branch.2, 6
 Hornsby Shire Library & Information Service-Home Library Service2, 8, 16
 Mental Health First Aid Workshops (online and Face to Face)8
 Waitara Wellness Centre 9, 14, 21

Menopause

Nana's Weighted Blankets ... 11

Mental Health Services

CatholicCare Diocese of Broken Bay 5, 8, 13
 Mental Health First Aid Workshops (online and Face to Face)8
 Waitara Wellness Centre.9, 14, 21

Mental Illness

Berowra NSLHD Carers Support Group 10, 13, 16
 Bowden Brae Gardens5
 Chantal Dementia Day and Overnight Respite Cottage Service & Weekend Respite Care20
 Lucinda Cottage20
 Uniting Bowden Brae7
 UnitingCare Ageing Western Region - Dementia Monitoring Social Support Program17

NDIS

Accommodation/Tenancy

CatholicCare Diocese of Broken Bay 5, 8, 13
 Just Better Care Hills to Hornsby 6, 13, 18, 20

NDIS Assist Personal Activities

CatholicCare Diocese of Broken Bay 5, 8, 13
 Just Better Care Hills to Hornsby 6, 13, 18, 20

NDIS Assistance to access and maintain employment

CatholicCare Diocese of Broken Bay 5, 8, 13

NDIS Assistive equipment for recreation

Sensory Calm11
 Statina Healthcare Australia Pty Ltd 12, 14

NDIS Assistive products for household tasks

Sensory Calm11

NDIS Assistive products for personal care and safety

Sensory Calm11
 Statina Healthcare Australia Pty Ltd 12, 14

NDIS Assist-Life Stage Transition

CatholicCare Diocese of Broken Bay 5, 8, 13

NDIS Assist-Travel/Transport

CatholicCare Diocese of Broken Bay 5, 8, 13

NDIS Behaviour Support

Sensory Calm 11

NDIS Daily Tasks/Shared Living

CatholicCare Diocese of Broken Bay 5, 8, 13

NDIS Development-Life Skills

CatholicCare Diocese of Broken Bay 5, 8, 13
 Just Better Care Hills to Hornsby 6, 13, 18, 20

NDIS Exercise Physiology and Personal Training

Lady Davidson Private Hospital 15

NDIS Group/Centre Activities

CatholicCare Diocese of Broken Bay 5, 8, 13

NDIS Household Tasks

CatholicCare Diocese of Broken Bay 5, 8, 13
 Just Better Care Hills to Hornsby 6, 13, 18, 20

NDIS Participate Community

CatholicCare Diocese of Broken Bay 5, 8, 13
 Just Better Care Hills to Hornsby 6, 13, 18, 20

NDIS Personal Activities High

CatholicCare Diocese of Broken Bay 5, 8, 13
 Just Better Care Hills to Hornsby 6, 13, 18, 20

NDIS Personal Mobility Equipment

Statina Healthcare Australia Pty Ltd 12, 14

NDIS Provider

CatholicCare Diocese of

<p>Broken Bay5, 8, 13 Just Better Care Hills to Hornsby6, 13, 18, 20 Lady Davidson Private Hospital 15 Nana's Weighted Blankets ... 11 Sensory Calm 11</p> <p>NDIS Specialised Driver Training CatholicCare Diocese of Broken Bay5, 8, 13</p> <p>NDIS Support Coordination CatholicCare Diocese of Broken Bay5, 8, 13</p> <p>NDIS Therapeutic Supports CatholicCare Diocese of Broken Bay5, 8, 13 Lady Davidson Private Hospital 15 Nana's Weighted Blankets ... 11 Sensory Calm 11</p> <p>Nursing Homes Beecroft Nursing Home5 Bowden Brae Gardens5 CatholicCare Diocese of Broken Bay5, 8, 13 Elouera Gardens, Cherrybrook Christian Care Centre5, 20 McQuoin Park Residential Aged Care6 Opal Netherby Aged Care Facility6, 18 Pennant Hills Age Care Facility 6 Regis Hornsby6, 18 Tallwoods Corner Aged Care Service7, 19, 20 Uniting Bowden Brae7 UPA Sydney North Region.....7 Woodlands Retirement Village 7</p> <p>Older People Beecroft Nursing Home5 Berowra NSLHD Carers Support Group 10, 13, 16 Bowden Brae Gardens5 Catholic Care - Memory Innovations Centre 8 Catholic Community Services - Dementia Monitoring Program 17 Chantal Dementia Day and Overnight Respite Cottage Service & Weekend Respite Care20</p>	<p>Christophorus House Retirement Village5, 20 Community Connections .2, 16 Dementia Behaviour Management Advisory Service (DBMAS)3 Dementia Enabling Environment Virtual Centre3 Dementia Shop Australia10, 11 Dementia Support Australia ...3 Dementia Support Helpline3 Elouera Gardens, Cherrybrook Christian Care Centre.....5, 20 Healthy Living for Seniors Brooklyn, Berowra and Galston 22 Hornsby Ku-ring-gai Health Service15 Hornsby Meals on Wheels5, 13 Hornsby Shire Council Community Services Branch .2, 6 Hornsby Shire Library & Information Service-Home Library Service 2, 8, 16 Just Better Care Hills to Hornsby 6, 13, 18, 20 KNC - Galston 6, 14, 22 KNC Pennant Hills..... 6, 14, 22 Lucinda Cottage20 McQuoin Park Residential Aged Care6 MemBo 11 Mental Health First Aid Workshops (online and Face to Face)8 My Aged Care14 Nana's Weighted Blankets ... 11 Opal Netherby Aged Care Facility6, 18 Pennant Hills Age Care Facility 6 Presbyterian Aged Care - Thornleigh (Ashleigh Lodge) 18 Regis Hornsby6, 18 Rowland Village Galston7 Sensory Calm11 Severe Behaviour Response Teams (SBRT)4 Statina Healthcare Australia Pty Ltd 12, 14 Tallwoods Corner Aged Care Service 7, 19, 20 Uniting Bowden Brae7 UnitingCare Ageing Western Region - Dementia Monitoring Social Support Program 17 UPA Sydney North Region.....7 Waitara Wellness Centre.9, 14, 21</p>	<p>Woodlands Retirement Village 7</p> <p>Other Allied Health Services Catholic Care - Memory Innovations Centre 8</p> <p>Other Assistive Technology Denton Cook Pty Ltd 11 MemBo 11</p> <p>Other Hobbies and Interests KNC - Galston 6, 14, 22</p> <p>Other Hospitals My Hospitals 15</p> <p>Other Mobility Aids Statina Healthcare Australia Pty Ltd..... 12, 14</p> <p>Other Personal Care Aids Statina Healthcare Australia Pty Ltd..... 12, 14</p> <p>Other Recreation Aids Nana's Weighted Blankets .. 11</p> <p>Painting and Drawing Mental Health First Aid Workshops (online and Face to Face)..... 8</p> <p>Palliative Care Just Better Care Hills to Hornsby 6, 13, 18, 20 Lady Davidson Private Hospital 15 Opal Netherby Aged Care Facility 6, 18 Presbyterian Aged Care - Thornleigh (Ashleigh Lodge) 18 Regis Hornsby 6, 18 Tallwoods Corner Aged Care Service 7, 19, 20</p> <p>People with a Disability Beecroft Nursing Home 5 Berowra NSLHD Carers Support Group 10, 13, 16 Bowden Brae Gardens 5 Catholic Care - Memory Innovations Centre 8 Catholic Community Services - Dementia Monitoring Program 17 CatholicCare Diocese of Broken Bay 5, 8, 13 Community Connections . 2, 16 Dementia Behaviour</p>
---	---	--

<p>Management Advisory Service (DBMAS)3 Dementia Shop Australia 10, 11 Dementia Support Australia ...3 Dementia Support Helpline3 Denton Cook Pty Ltd 11 Elouera Gardens, Cherrybrook Christian Care Centre 5, 20 Healthy Living for Seniors Brooklyn, Berowra and Galston22 Hornsby Ku-ring-gai Health Service15 Hornsby Meals on Wheels5, 13 Hornsby Shire Council Community Services Branch.2, 6 Hornsby Shire Library & Information Service-Home Library Service2, 8, 16 Just Better Care Hills to Hornsby6, 13, 18, 20 KNC - Galston6, 14, 22 KNC Pennant Hills.....6, 14, 22 Lucinda Cottage20 McQuoin Park Residential Aged Care6 MemBo11 Mental Health First Aid Workshops (online and Face to Face)8 My Hospitals15 Nana's Weighted Blankets ...11 Pennant Hills Age Care Facility6 Presbyterian Aged Care - Thornleigh (Ashleigh Lodge) 18 Regis Hornsby6, 18 Safely Home Program17 Sensory Calm11 Severe Behaviour Response Teams (SBRT)4 Statina Healthcare Australia Pty Ltd12, 14 Tallwoods Corner Aged Care Service7, 19, 20 UnitingCare Ageing Western Region - Dementia Monitoring Social Support Program17</p> <p>Phone or Web Information Services Dementia Behaviour Management Advisory Service (DBMAS)3 Dementia Enabling Environment Virtual Centre3 Dementia Support Australia ...3 Dementia Support Helpline3 My Aged Care14 National Dementia Helpline....3 Severe Behaviour Response Teams (SBRT)4</p> <p>Physiotherapy Lady Davidson Private Hospital.....15</p> <p>Playgroups CatholicCare Diocese of Broken Bay 5, 8, 13</p> <p>Post Traumatic Stress Disorders Sensory Calm11</p> <p>Pregnancy Counselling CatholicCare Diocese of Broken Bay 5, 8, 13</p> <p>Private Hospitals Lady Davidson Private Hospital.....15 Macquarie University Hospital15</p> <p>Psychology and Psychiatry Mental Health First Aid Workshops (online and Face to Face)8</p> <p>Public Hospitals Hornsby Ku-ring-gai Health Service.....15</p> <p>Public Libraries Hornsby Shire Council.....2, 16</p> <p>Registered Charity Hornsby Ku-ring-gai Health Service.....15</p> <p>Rehabilitation Services Lady Davidson Private Hospital.....15</p> <p>Relationships Counselling CatholicCare Diocese of Broken Bay 5, 8, 13</p>	<p>Respite Care Services Chantal Dementia Day and Overnight Respite Cottage Service & Weekend Respite Care 20 Christophorus House Retirement Village 5, 20 Elouera Gardens, Cherrybrook Christian Care Centre 5, 20 Just Better Care Hills to Hornsby 6, 13, 18, 20 Lucinda Cottage 20 My Aged Care..... 14 Tallwoods Corner Aged Care Service 7, 19, 20 Waitara Wellness Centre 9, 14, 21</p> <p>Retirement Accommodation Bowden Brae Gardens 5 Christophorus House Retirement Village 5, 20 Elouera Gardens, Cherrybrook Christian Care Centre 5, 20 McQuoin Park Residential Aged Care..... 6 Rowland Village Galston 7 Uniting Bowden Brae 7 UPA Sydney North Region 7 Woodlands Retirement Village 7</p> <p>Schizophrenia Sensory Calm 11</p> <p>School Holiday Activities Hornsby Shire Council Community Services Branch 2, 6</p> <p>Shopping Assistance Just Better Care Hills to Hornsby 6, 13, 18, 20 KNC - Galston 6, 14, 22 KNC Pennant Hills 6, 14, 22</p> <p>Shopping Assistance Volunteers KNC - Galston 6, 14, 22 KNC Pennant Hills 6, 14, 22</p> <p>Social Clubs and Groups Berowra NSLHD Carers Support Group 10, 13, 16</p> <p>Social Support Services Berowra NSLHD Carers Support Group 10, 13, 16 CatholicCare Diocese of Broken Bay 5, 8, 13 UnitingCare Ageing Western</p>
---	--

Region - Dementia Monitoring Social Support Program	1722
Waitara Wellness Centre 9, 14, 21		
Special Needs Transport		
KNC Pennant Hills.....	6, 14, 22	
UnitingCare Ageing Western Region - Dementia Monitoring Social Support Program	17	
Stroke		
Denton Cook Pty Ltd	11	
Support Groups		
Berowra NSLHD Carers Support Group.....	10, 13, 16	
Supported Accommodation		
CatholicCare Diocese of Broken Bay.....	5, 8, 13	
UPA Sydney North Region.....	7	
Supported Employment		
CatholicCare Diocese of Broken Bay.....	5, 8, 13	
Transition to Work Programmes		
CatholicCare Diocese of Broken Bay.....	5, 8, 13	
Vision Impairment		
Hornsby Shire Library & Information Service-Home Library Service	2, 8, 16	
Volunteer Carers		
Hornsby Ku-ring-gai Health Service	15	
KNC Pennant Hills.....	6, 14, 22	
Volunteer Drivers		
KNC - Galston	6, 14, 22	
KNC Pennant Hills.....	6, 14, 22	
Pennant Hills Age Care Facility	6	
Walking Frames and Sticks		
Statina Healthcare Australia Pty Ltd	12, 14	
Women		
Beecroft Nursing Home	5	
Berowra NSLHD Carers Support Group.....	10, 13, 16	
Dementia Shop Australia	10, 11	
Elouera Gardens, Cherrybrook Christian Care Centre	5, 20	
Healthy Living for Seniors Brooklyn, Berowra and Galston		

Youth

CatholicCare Diocese of Broken Bay	5, 8, 13
Nana's Weighted Blankets ...	11