



Dementia Cafes in Northern Sydney Local Health Area



Meeting days/times	Venue Address	Contact Details	Target Audience	Any other details/Organisation
Carer Café @ Roseville Golf Course Runs every 6-weeks	Roseville Golf Club 4 Links Avenue Roseville NSW 2069	Julie Rudder: 0434 182 121	Carer and care-recipient living with dementia.	Hammond Care
Dementia Carer Support Group St Ives Day alternates monthly. Please contact Julia Patton for details 0419 546 839	Christ Church St Ives	Julia Patton (Hammond Care) 0419 546 839 Please ring to confirm group meeting time and day.	Carer and care-recipient living with dementia.	Hammond Care The group will be finishing in May 2020
St Ives DCaf Wednesdays 10am – 12pm	KNC St Ives Shopping Village 166 Mona Vale Road St Ives NSW 2075	St Ives Rotary Contact: Russell Crofts Coordinator: Linda Lee (KNC)	Carer and care-recipient living with dementia.	Rotary: St Ives Community Partner : KNC
West Pymble DCaf Tuesdays 9:30 - 11am	YMCA Lofberg Rd West Pymble NSW 2073	Ku-ring-gai Rotary contact: Ann Maslin 0409 468 852 Coordinator: Ann Maslin 0409 468 852	Carer and care-recipient living with dementia.	Rotary: Ku-ring-gai Community partners: YMCA & KNC
Galston DCaf Mondays 10am – 12pm	Galston Community Health Centre 17 Arcadia Road Galston NSW 2159	Galston and Glenhaven Rotary clubs.	Carer and care-recipient living with dementia.	KNC Contact and co-ordinator: Linda Wake 0408 546 325 Glenhaven & Galston Rotary Clubs.

pg. 1 Current as of March 2020. Please contact NSLHD Carer Support Service for additional information or to make additions or changes to the groups listed.
p. 9462 9488

NSLHD-CARERS@HEALTH.NSW.GOV.AU



Dementia Cafes in Northern Sydney Local Health Area



Ryde DCaf Tuesdays 10am – 12pm	Clive Austen Centre Royal Ryde Rehab 235 Morrison Road Ryde NSW 2112	Rotary Club of Ryde John Dodd Debbie Price (coordinator) 0449 546 771	Carer and care-recipient living with dementia.	Rotary Club of Ryde
Crows Nest DCaf 4 th Wednesday of the month 10am – 12pm	Crows Nest Centre 2 Ernest Place Crows Nest NSW 2065	Contact person: Sue Raveane 0412 047 085	Carer and care-recipient living with dementia.	Rotary: Crows Nest Rotary Club North Sydney Rotary Club North Sydney Sunrise Rotary Club Community partner: Crows Nest Centre
Waitara DCaf	PCYC 1 Park Lane Waitara NSW 2077	St Ives and Hornsby Rotary Clubs currently negotiating management of Waitara D-Caf Contact Person: Russell Crofts	Carer and care-recipient living with dementia.	Community Partners: PCYC & KNC Please contact Russell Crofts for further details
DCaf Connections-Warrawee Thursday 10am-12:00pm	Please contact Fiona on 0402 837 877 for location details. RSVP and bookings are essential as spaces are limited.	Independently run by volunteers	new activities, fitness (memory and balance exercises), speakers and social opportunities	Previously the DCaf Waitara group, now moved to new location and Independently run by volunteers
CCNB Chatter' Cino 1 1 st Tuesday of the Month 10:00am-12:00pm	Vines Café Flower Power Terrey Hills	Contact: Michele Ferris 1300 002 262 (CCNB) Email: ccnb@ccnb.com.au	Open to Carers, care-recipients and the public	CCNB Michele Ferris
Killara Community Café Thursday 10:00am-12:00pm	Killara Uniting Church Cnr of Arnold St & Karranga Ave, Killara.	Contacts: Julie 0400631739 Judy: 0401 005 114	Open to carers and care-recipients.	Gold coin donation required. Killara Uniting Church

pg. 2 Current as of March 2020. Please contact NSLHD Carer Support Service for additional information or to make additions or changes to the groups listed.
p. 9462 9488

NSLHD-CARERS@HEALTH.NSW.GOV.AU



Dementia Cafes in Northern Sydney Local Health Area



CCNB Chatter' Cino 2	The Blend Café, Dougherty Centre 7 Victor St, Chatswood	Contact: Michele Ferris 1300 002 262 (CCNB) Email: ccnb@ccnb.com.au	Open to Carers, care-recipients and the public	CCNB Michele Ferris
Mosman Council 'Sketch Class' Every 3 rd Tuesday of the Month 10:00am-12:00pm	Mosman Seniors Centre Mosman Square Spit Junction	Contact: Linda or Sally on 9978 4119 (Mosman Council)	\$10 cost includes light lunch.	The group is aimed at providing a space for people living with dementia to come, be creative, and enjoy a light lunch and gain advice and information for people living with memory loss. Open to carers, please RSVP Linda or Sally on 9978 4119