

For this year's **Mental Health Week**, Hornsby Council is presenting an installation of textile art in Hornsby Mall. This web-like piece of art will be created by Italian textile artist, Elena Redaelli and colleague Olivia lezzi, who will weave recycled materials from one tree to another.

Families are invited to participate in this project, by attending a workshop where they weave their own piece of art.

Participants are encouraged to bring along recycled materials that represent an important aspect of their life, such as their cultural heritage. These materials will then be intertwined with pieces of recycled yarn, fabric, ribbon, rope and other items. Chosen to represent the theme of "Celebrate, Connect, Grow" the artwork is a celebration of the mind and our diversity.

The weaving connects the trees while we connect with each other. The trees symbolise growth as we raise awareness about mental health with our growing families in Hornsby Shire.



Two workshops will be held for families and children enabling them to take part in the artwork, by weaving their own small piece of the 'web'. Only recycled materials will be used to make the artwork. All materials will be supplied but if you would like, please bring along some of your own recycled materials for the workshop. The types of materials we can use are those which can be cut with scissors, making them suitable for weaving such as pre-loved clothes. Children under 12 years must be supervised by a parent, and although the classes are for those aged 5 years and over, all the family is welcomed to watch-on.

Weaving the well-being web

FREE craft workshops for children will be held on:

Date:	Thursday 4 October
Time:	2pm – 4:30pm
Where:	The Drawing Room, Wallarobba Arts and
	Cultural Centre, 25 Edgeworth David Ave, Hornsby
Cost:	FREE
	Bookings essential Margaret Cogle 9847 6611
AND	
Date:	Sunday 7 October
Time:	2pm – 4:30pm
Where:	Hornsby Mall, Florence Street, Hornsby
Cost:	FREE
	Bookings essential Margaret Cogle 9847 6611

Installation of the final artwork "well-being web" will take place on **Tuesday 9 October**, in Hunter Street, Hornsby Mall. The artwork will remain in the Mall to help celebrate the launch of Hornsby's annual Festival of the Arts on **13 October**.

For more information please contact Sophie Davis on 9847 6741 or Ellen Sheldrake on 9847 6855.

The Mental Health Association NSW celebrates Mental Health Month each October and is funded by the NSW Ministry of Health.