

ADVOCACY INITIATIVES

Giving Compassion Without Judgement.

People often see a counsellor after a major life change or crisis, but counselling can help people at any time in their life. People can use counselling to make sense of an issue, change their behaviour or life, or solve a problem that they have been struggling with.

- Information and referral Advocacy
- Crisis counselling and development

There is a growing hidden epidemic of loneliness and isolation in our community.

Here at Hornsby Connect we are creating opportunities in a secure familiar environment for those who may very well be experiencing similar issues by fostering a sense of belonging and connection with others.

It is alarming to read the statistics and newspaper headlines that loneliness is a new epidemic in our society.

WHERE WILL YOU FIND HORNSBY CONNECT

We officially opened our doors last November 2016.

After securing suitable premises with the help of Westfield Shopping Centre and Hornsby Council. We now operate on the corner of Muriel & Burdett Streets, in Hornsby. Open every Wednesday between 1:30 to 3:30 pm.



For more information:
www.hornsbyconnect.org.au
Steve Hopwood on 0401 778 124

Postal address is,
PO Box 1642
Hornsby Westfield
NSW 1635
ABN is 71 210 957 229



Hornsby Connect is an independent Non -for -Profit organisation established by a number of local residents with the focus in helping others whom are *'doing it tough'*.

- Operate a food distribution point that will provide people experiencing financial hardship with affordable groceries.
- Provide a café type facility for people to meet and get to know one other.
- Assist people who are socially isolated to reconnect with society.
- Provide personalised support to long-term unemployed and for those that have been caught-up in the poverty trap.
- Provide counselling and referral assistance.