

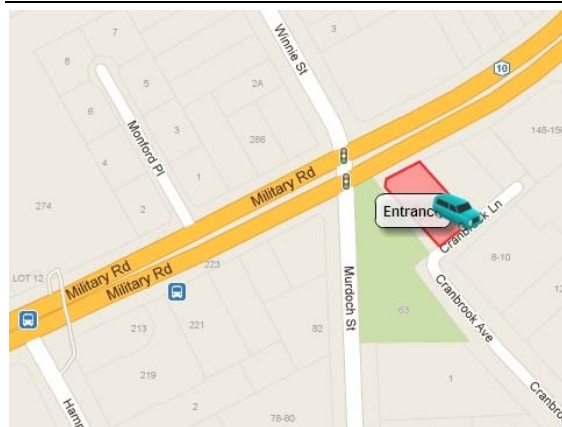


Enquiries and appointments:

Elizabeth Hammond
Clinical Coordinator
Northern Intellectual Disability Health
231 Military Road,
Cremorne
NSW 2090

Monday-Thursday, 8.00am-4.00pm
Ph: 02 8968 3400
Fax: 02 9904 1541

Getting to the Clinic



By Car – Enter via Cranbrook Avenue (on the right side of the building). Park in Cranbrook Avenue (Mostly 2 hours free parking, some unlimited) or adjacent streets. If using a wheelchair, please inform clinic when booking appointment as the garage will be made available to you (entrance Cranbrook Ave).

By Public Transport – See www.131500.info

What areas does the service cover?

Our service covers the Willoughby, Lane Cove, North Sydney, Mosman, Manly, Warringah, Pittwater, Ryde, Hunters Hill, Hornsby, Ku-ring-gai local government areas

NSIDHT

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North Sydney Intellectual Disability Health Team
Funded by the Northern Sydney Local Health District

Northern Intellectual Disability Health

A Health Service for Children and Adults with an Intellectual Disability

CDS

Centre for
Disability
Studies

AN AFFILIATE OF



THE UNIVERSITY OF SYDNEY

Northern Intellectual Disability Health

People with intellectual disability often have more health problems than others in the general community. Many health needs can be met by a person's General Practitioner, but sometimes a specialised approach is needed.

Northern Intellectual Disability Health is a multidisciplinary health service for school aged children, adolescents and adults diagnosed with intellectual disability and complex health needs. It is one of three specialised clinical service pilots established by the NSW Ministry of Health.

This service, operated by the Centre for Disability Studies, provides medical and health consultations, advice and referrals. The service is funded by Northern Sydney Local Health District.

The service works in conjunction with the person's General Practitioner and/or paediatrician, other health services and disability service providers to ensure coordinated, high quality health care.

People with a diagnosis of intellectual disability who live in the Northern Sydney Local Health District are eligible to be seen at the clinic.

What happens at the clinic

School aged children, adolescents or adults diagnosed with intellectual disability and complex health needs may be seen at the clinic. A referral from a paediatrician or general practitioner (GP) is required.

People referred to the clinic are usually seen first by one of the doctors for a full health assessment. They may also be seen by a psychologist or other health professionals of the service.

If needed, tests are ordered and referrals made to other medical specialists and health professionals. Health care plans can be developed for those who live independently or with their families.

A comprehensive report with recommendations will be sent to the person and /or their family, GP and/or paediatrician. With the person's permission, reports may also be sent to other involved professionals. The service will link with local health and disability services to coordinate the person's health care.

Clinics & Services

- Medical Clinics for school aged children and adults
- Transition Clinics for adolescents moving from paediatric to adult health services
- Health care planning and coordination
- Psychology consultation and counselling for children and adults
- Psychiatry consultation and treatment for adults
- Nutrition assessment and advice for children and adults
- Facilitate access to dental services
- Education and group sessions

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