# NORTHERN SYDNEY INTELLECTUAL DISABILITY HEALTH TEAM

CDS

Centre for

Disability

Studies

CLINICS & SERVICES

Northern Sydney Intellectual Disability Health Team, funded by the Northern Sydney Local Health District is a Health Service for Children and Adults with an Intellectual Disability & complex health needs.

#### **ABOUT**

- CREMORNE

People with intellectual disability often have more health problems than others in the general community. Many health needs can be met by a person's General Practitioner, but sometimes a specialised approach is needed.

Northern Sydney Intellectual Disability Health team is a multidisciplinary health service for school aged children, adolescents and adults diagnosed with intellectual disability and complex health needs.

This service, operated by the Centre for Disability Studies, provides medical and health consultations, advice and referrals. The service is funded by Northern Sydney Local Health District.

The service works in conjunction with the person's General Practitioner and/or Paediatrician, other health services and disability service providers to ensure coordinated, high quality health care.

People with a diagnosis of intellectual disability & complex health needs, who live in the Northern Sydney Local Health District are eligible to be seen at the clinic.

#### WHAT HAPPENS AT THE CLINIC

School aged children, adolescents or adults diagnosed with intellectual disability and complex health needs may be seen at the clinic. A referral from a Paediatrician or General Practitioner (GP) is required.

People referred to the clinic are usually seen first by one of the doctors for a full health assessment. They may also be seen by a Psychologist or other health professionals of the service.

If needed, tests are ordered and referrals made to other medical specialists and health professionals.

A comprehensive report with recommendations will be sent to the person and /or their family, GP and/or Paediatrician. With the person's permission, reports may also be sent to other involved professionals. The service will link with local health and disability services to coordinate the person's health care.

#### **CLINICS & SERVICES**

- Medical Clinics for school aged children and adults.
- ▶ Facilitate transition for adolescents moving from paediatric to adult health services.
- Clinics at special schools.
- Psychology consultation and counselling for children.
- Facilitate access to Dental Services.
- Social Work service for adult clients, families & carers



North Sydney Intellectual Disability Health - 231 Military Road, Cremorne NSW 2090

Phone: 02 8968 3400 Fax: 02 9904 1541 www.cds.org.au

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CLINICS & SERVICES

# **GETTING TO THE CLINIC**

#### **BY CAR**

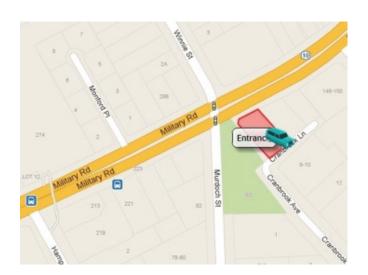
Enter via Cranbrook Avenue (on the right side of the building). Park in Cranbrook Avenue (Mostly 2 hours free parking, some unlimited) or adjacent streets. If using a wheelchair, please inform clinic when booking appointment as the garage will be made available to you (entrance Cranbrook Ave).

#### **BY PUBLIC TRANSPORT**

Visit www.131500.info

# **▶** WHAT AREAS DOES THE SERVICE COVER?

Our service covers the Willoughby, Lane Cove, North Sydney, Mosman, Manly, Warringah, Pittwater, Ryde, Hunters Hill, Hornsby, Ku-ring-gai local government areas



### **ENQUIRIES OR APPOINTMENTS**

# Ms Elizabeth Hammond

Clinical Coordinator

Monday - Thursday, 8am - 4pm

Phone: 02 8968 3400 Fax: 02 9904 1541

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